

The Landing is...

A HELP for the hurting

A RELEASE from addiction

A PATHWAY to happiness

A RESTORATION to God

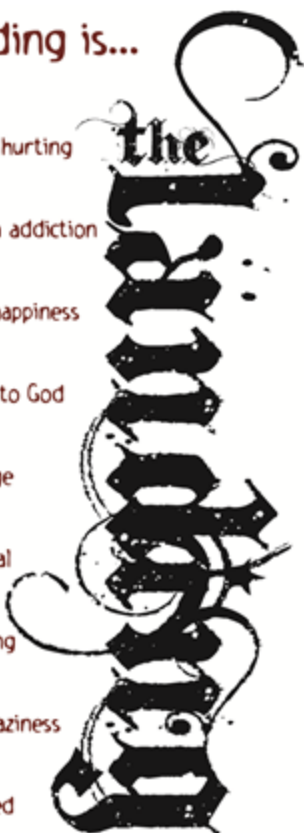
A CARING refuge

A CHOICE to heal

A NEW beginning

A REST from craziness

A HOPE restored



Come to The Landing

Every Friday Night

For 7th-12th grade

7:00-9:00

in The Refinery

TheLanding@saddleback.com

the
L
E
T
T
E
R
S

Journal
It!

*M*ake a list of people who you have either forgiven or received forgiveness from:

1. | _____
2. | _____
3. | _____
4. | _____
5. | _____
6. | _____
7. | _____
8. | _____
9. | _____
10. | _____
11. | _____
12. | _____
13. | _____
14. | _____
15. | _____
16. | _____
17. | _____
18. | _____
19. | _____
20. | _____

1. What did it take for you to make amends?

2. Describe the feeling you get after making amends.

*God blesses those
who work for peace,
for they will be called
the children of God.*

Matthew 5:9

3. What part did God play in making amends between you and the other person?

*R*ead the verses in the side bar to get an idea of the restoration God brings to people's lives. See what he expects of us in the second verse.

Reflect and write a prayer of thankfulness to God for all he has done in your life as you have made amends to others. If there are some you still need to make amends with, ask him to help you make that happen.
